

### ABSTRACT OF THE DISCLOSURE

A topical cream includes a water mixture, calendula infused olive oil, cassia oil, geranium oil, and wax. The cream optionally, but preferably, includes grapeseed or olive oil, frankincense oil, myrrh oil, and a violet fragrance. The water mixture preferably  
5 includes rosewater and a small amount of glycerin. The cream is made by mixing and heating predetermined amounts of the oils to produce a hot oil mixture. The wax, preferably in grated form, is added to the hot oil mixture to produce a creamy wax mixture. The wax mixture is cooled and blended with the water mixture and fragrance (when used) to produce the cream. The cream provides medicinal, cosmetic, therapeutic,  
10 and/or spiritual benefits.

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